Los Toros Mission

**Prenatal Care Program**

A group of women sitting on a porch

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The Prenatal Care program is one of the most successful and longest running services supported by St. Joseph Parish members through the Los Toros Mission. The people in Los Toros saw the need and called our attention to it. Working together, the Health Committees, here and in Los Toros, came up with a plan to meet their needs: the Prenatal Health Promotors.

Women were trained to serve as “promotoras.” They make regular visits to their pregnant neighbors providing basic education for prenatal care and nutrition. They may accompany them to clinics for medical checkups, needed tests, and contact the Los Toros Saint Vincent de Paul Society when their help is needed. They help them get to the hospital for childbirth and continue to assist during the baby’s first year. The promotoras arrange for doctor visits and watch for symptoms that indicate additional doctor visits and medical tests may be needed. They ensure that prenatal vitamins and medications are available. When needed, they arrange for transportation to clinics and hospitals.

The photo was taken during the YAME mission in June. In any given month, an average of 18 mothers in Los Toros and nearby Sajanoa receive aid from the promotoras.

* For more information about the mission in Los Toros, visit the **Los Toros Foundation** page on Facebook.
* You may contact Joe Schaub, chair of the Los Toros Mission Council, by email: [lostorosmission@gmail.com](mailto:lostorosmission@gmail.com).